

Parent and Family Perspective: Compassionate Care of the IDD Patient

Thursday, September 10, 2026

6:00 PM - 8:00 PM

Dinner: 5:30 PM - 6:00 PM

Cooper Conference Center, Room 121
and virtually via Teams*

Parking passes plus dinner and beverages will be provided.



*You will receive an e-mail with instructions and the link to join one day prior to the session.

Activity Directors:



**Sally A. French, MSN,
APN, PMHNP-BC**

Lead APN, Psychiatry
Department of Psychiatry and
Behavioral Health
Cooper University Health Care
Camden, NJ



**Mary J. Monari-Sparks,
MD**

Division of Internal Medicine
Department of Medicine
Cooper University Health Care
Assistant Professor of Medicine
Cooper Medical School of Rowan University
Camden, NJ



**Erin Shipley, CEN,
MSN, RN**

Vice President, Consumer Experience
Cooper University Health Care
Camden, NJ

Cancellation Policy: The Cooper Health System reserves the right to cancel this conference due to insufficient enrollment or other unforeseen circumstances.

Accreditation/Designation/Disclosure:



In support of improving patient care, The Cooper Health System is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the health care team.

The Cooper Health System designates this live activity for a maximum of **2.0 AMA PRA Category 1 Credits™**.

Physicians should claim only the credit commensurate with the extent of their participation in the activity.

2.0 ANCC Contact Hours



This activity was planned by and for the health care team, and learners will receive **2.0 Interprofessional Continuing Education (IPCE) credits** for learning and change.

All faculty, planners, and others participating in continuing education activities sponsored by The Cooper Health System are expected to disclose all financial relationships.



Preregistration is **REQUIRED** for this **FREE** CME activity.

Register on-line:

<https://cooperhealth.cloud-cme.com/IDDCompassionateCare>



Or

Email **ALL** of the registration information requested below to: CME@cooperhealth.edu

Or

Mail registration to: Continuing Medical Education

The Cooper Health System

2nd Floor, Suite N-300, 1 Federal Street, Camden, NJ 08103

Or

Fax registration form to: (856) 382-6495

No registrations by telephone will be accepted.

A notice will be sent to you to confirm your registration.

Pursuant to the Physician Self-Referral Law (Stark Law), Cooper is limited in the amount of nonmonetary compensation that it may provide to physicians. To ensure that it meets these regulatory limitations, Cooper documents the monetary value of your participation in each Cooper CME activity. If the monetary value provided to you would exceed these regulatory limits, you must pay to participate in the additional CME. Should you have any questions or wish to discuss this further, please contact Cooper's Compliance Department at (856) 968-7417. Thank you for your interest in the CME opportunities.

Please print.

Name & Degree: _____

First

M.I.

Last

Degree

Please check the status of your medical license: ☐ MD/DO - Active ☐ MD/DO - Retired

Please check if you are a ☐ Resident ☐ Fellow or ☐ PA/NP.

I will be attending ☐ in person ☐ virtually.

Address (required): _____

City/State/Zip: _____

Telephone: ☐ Home

☐ Work

☐ Mobile

Fax: _____

E-mail (required): _____

Company Name: _____

City/State: _____

Specialty/Occupation: _____

☐ Please indicate here if you DO NOT give The Cooper Health System permission to share limited contact information (learner name and degree, organization, and specialty) with any ineligible company or its agents.

☐ If you require assistance with hearing or vision to make this activity accessible to you, please check here and return your registration no later than September 3, 2026. We will contact you at the phone number you provide above.

Please Note: If you are unable to attend after registering, please contact us as soon as possible at (856) 382-6480.

Intended Audience:

The intended audience includes primary care physicians, advanced practice nurses, physician associates, psychologists, residents, fellows, and any other health care professionals with an educational need or interest in this topic.

Overall Learner Objective:

The overall learner objective for this series is to improve the care of patients with intellectual and developmental disabilities (IDD).

Learner Objectives for this Session:

At the conclusion of this session, participants will be able to:

- Describe the lived experiences of parents and caregivers of individuals with IDD and the impact these experiences have on health care interactions and outcomes.
- Identify common barriers and challenges faced by individuals with IDD and their families across the health care continuum, including communication, access to care, care coordination, and navigating complex systems.
- Recognize the value of family and caregiver expertise as essential partners in developing individualized, person-centered care plans for patients with IDD.
- Demonstrate strategies for compassionate communication that promote trust, dignity, respect, and collaboration with patients with IDD and their families.
- Apply family-centered care principles to improve the patient and caregiver experience during clinical encounters, transitions of care, and decision-making processes.
- Reflect on opportunities to reduce bias and assumptions and foster a more inclusive health care environment that supports the unique needs and strengths of individuals with IDD and their families.
- Explain how family advocacy and partnership have contributed to the development and advancement of IDD-focused programs and services, including initiatives supported through grant funding.

CONTINUING MEDICAL EDUCATION